

Body Therapeutics Massage
Health History Form

This information provided by you will be treated confidentially.

Full Name _____ Birthday _____

Telephone _____ Address _____

City _____ State _____ Zip _____

Occupation _____ Referral source _____

Email(optional) _____

Bodywork (frequency, types) _____

Any specific need or conditions for this session? _____

Is it difficult for you to lie on your front or back? (please circle) **Yes No** How many hours of sleep per night _____ Bowel movement per day _____ Smoking: **Yes No**

Caffeine: **Yes No** Alcohol: **Yes No** Do you practice yoga? **Yes No**

Other practice: _____ How often: _____

Past or present medical condition (please circle)

Arthritis	Osteoporosis	Diabetes	TMJ syndrome
Varicose veins	Heart disease	Lung conditions	Sciatica
Carpal tunnel	Phlebitis	Herniated disc	Depression
Bruising	Herpes	Cancer	Scoliosis
Headaches	Epilepsy	Blood pressure	Pregnancy
Fibromyalgia	PMS	Liver problems	Stroke
Skin conditions	Seizures	Candida	Spondylosis

Other: _____

Recent surgery, accidents or injuries (please explain) _____

Pain or stiffness in back, neck, shoulder, knee, etc. _____

Emotional difficulty: _____

Do you wear: **contact lenses dentures hearing aid prosthesis**

Are under medical supervision? **Yes No** If so, for what _____

Are you taking medications **Yes No** If so, please list _____

Do you experience stress? **Yes No** If so, how much? **Little Average Great amount**

If so, from what? _____

Disclaimer

I have requested treatment and confirm that the above information is correct. I understand that the massage/energy practitioner does not diagnose disease, illness or any other physical or mental disorder. The practitioner does not prescribe medical treatment, pharmaceuticals, nor do they perform any spinal or skeletal adjustments. This treatment is not a substitute for medical examination, and it is recommended that I see a physician for any physical ailment I might have.

Client Signature _____ Date _____

Deepika Green _____ Date _____

